

Check this Out!!!!



LUNCH Time Pass



Purchase the **LUNCH** time Pass which enables you to attend all of the **LUNCH** time classes (only),

MONDAY- FRIDAY at **NOON**.

A great variety of Cycling, Strength, (Tabata, TRX) to stretching and flexibility (YOGA).

See Front desk for more details.

Based on First come, first serve basis!

Pass must be shown to instructor before starting class.

FEE: \$30 Member \$60 NON

