



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

The YMCA of Cecil County, Inc.

**Do you want to be a Y lifeguard,
but can't swim?**

**Don't let that stop you! We can
teach you how to swim and be
Lifeguard Ready.**



When: Saturdays
Time: 8:30am-9:00am
Call to Register: 410-392-9622
Fee: No charge if applying to be a Y lifeguard

Wear a one-piece swim suit, and bring goggles.

Don't let your inability to swim deter you from being a lifeguard.

If you want to do it—we can help you!

Skills include floating, treading water and lap swimming with rotary breathing.

Next Steps:

1. Complete & Submit Lifeguard Employment Application.
2. Register at the Y for your Lifeguard Swim Lesson.

