



HEALTHY LIVING Lifeguarding

The YMCA offers American Red Cross Lifeguard, New and Renewal certification and re-certification. The "New" course is a multi-day course, the "Renewal" is a 1-day both are on-site training taught at the Y pool.

1. Select the desired course date. Must attend all days of the same session.
2. Register and pay for class with the YMCA. . If a lifeguard candidate—see reverse side of flyer.
3. The payment is non-refundable. There are no refunds. There are no extensions. You will need to pay again if you would like to retake the course. Certifications are distributed at the end of the final class day.
4. Student attends on-site class at the Y; includes pre-req swim; skills assessment, CPR and First Aid.

Attendance is required ALL DAYS, ALL HOURS for new and recertification lifeguards. No transfer of attendance from month to month. Limited space. Minimum of 5 students required. Register early.

FLYER UPDATE AS OF 5/17/17

NEW CERTIFICATION CLASS:

Course Times (2 weekends, must attend all 4 days)

June 3, 4, 10, 11; 10am-5:30pm all days

July 22,23,29,30

August—no class

September 16,17,23,24

October 14,15,21,22

November 18,19,25,26

December—no class

Fees:

Lifeguard w/ CPR, First Aid New Certification Fee: \$280

Lifeguard w/ CPR, First Aid Re-certification Fee: \$175

YMCA Training Candidates will not pay the certification fee.

Fast Class Certification Fee \$375



FAST CLASS—New Certification

Limit to 3 participants per class.

Complete 8 hours of online work prior to class.

Attend only the last Sunday of the class.

Must register for this at least 7 days before last Sunday class date. Not open to LG Candidates. You handle ALL

ONLINE TECH issues through the Red Cross. Must complete online before class. **Bring the Online Completion**

Report to class.

<http://redcrosslearning.com/course/73031950-15c1-11e7-b4e0-51657ecd06af>

Successfully complete the LG class for March, April, May or by June 30, 2017 and you will be entered into a drawing for cash prize awarded by: The Lifeguard Company.

1st Prize: \$1,000 2nd Prize \$500 3rd Prize \$250

PRE-REQUISITES

- 15 years of age by the end of the class
 - register and pay at the Y
- The following is done at the beginning of the course:
- swim 300 yards freestyle (12 lengths of the pool) continuously;
 - tread water for 2 minutes keeping chin, ears and hands above water;
 - swim 25 yards (1 length) approach stroke, surface dive 8 feet, retrieve a brick, swim 25 yards on your back carrying the brick out of water

CERTIFICATION complete pre-reqs, attend the class and pass the tests.

RENEWAL Lifeguard Certification:

Current certification required or not expired more than 30 days. Must bring certification paperwork to class. Renewal course dates are the final day (Sunday) of the full Certification course listed starting at 10:00 AM. Length of time required will depend on student's ability to process, retain and demonstrate the information. Renewal Fee is \$175.

CPR courses for individuals not enrolled in Lifeguarding can be found on www.redcross.org

The YMCA of Cecil County, Inc.
25 YMCA Blvd Elkton, MD 21921
www.ymcacecil.org 410-392-YMCA

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Certification Fee \$\$ Waived!

Do you want to be a lifeguard?

Do you know someone who would be a good lifeguard?

The YMCA will waive the American Red Cross Lifeguard Certification fee for the candidate who meets the following criteria:

1. Successfully complete a YMCA employment application including 3 non-related references, background check and interview with Aquatic Director.
2. Successfully complete the in the water pre-requisites: be at least 15 years of age, swim 300 yards freestyle (12 lengths of the pool) in 12 minutes; tread water for 3 minutes; swim 25 yards (1 length) approach stroke, surface dive 8 feet, retrieve a brick, swim 25 yards on your back carrying the brick out of water.
3. Candidate signs with understanding of the requirements of the waived certification fee, if under the age of 18 a parent/guardian must sign.
4. Successfully completes the lifeguard course.
5. Work successfully for the YMCA of Cecil County for 6 months as a lifeguard. Failure to complete the full six months and the candidate will reimburse to the YMCA of Cecil County the course fee.

At the completion of the 6-months the Lifeguard will receive certification paperwork. If you are interested begin with step #1. Indicate on the application "TRAINING CANDIDATE". Certification is also available as a full pay class.

Benefits of YMCA Employment

- The American Red Cross Lifeguard certification is recognized nationally.
- The certification is good for 2 years and includes CPR and First Aid.
- Flexible, Part Time Hours Available
- FREE YMCA Membership
- Fun & Friendly Work Place

Visit www.ymcacecil.org for class schedule

